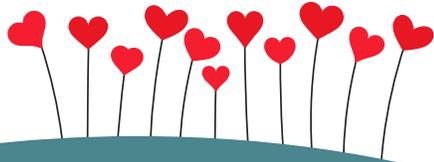


Gratitude REPORT



BECAUSE OF YOU!



Helping Hands

Thank you to everyone who has given to the Helping Hands Employee Emergency Assistance Fund! This 100% donor-supported fund helps our employees when they need it most. To support the fund, donate online at maristhill.org/Donate or by mail to:

66 Newton Street
Waltham, MA 02453

Helping Hands Fund Assists Employee With Family Loss and Need

Maristhill nurse Aisha Haroun mourned the loss of her daughter's father, who passed away in 2021 while living in Florida.

Aisha felt strongly about him having a proper Muslim service and burial in Massachusetts, closer to where her daughter lives. The expenses of services and burial were beyond what Aisha could afford. Thanks to those of you who donated to our Helping Hands Fund, Aisha received a grant that, along with her determination and planning, made a

dignified and meaningful service possible. And, perhaps more importantly through your donation you provided Aisha's daughter with the invaluable gift of being embraced with the love and support of her family and friends as she honored her dad's life and mourned his passing.

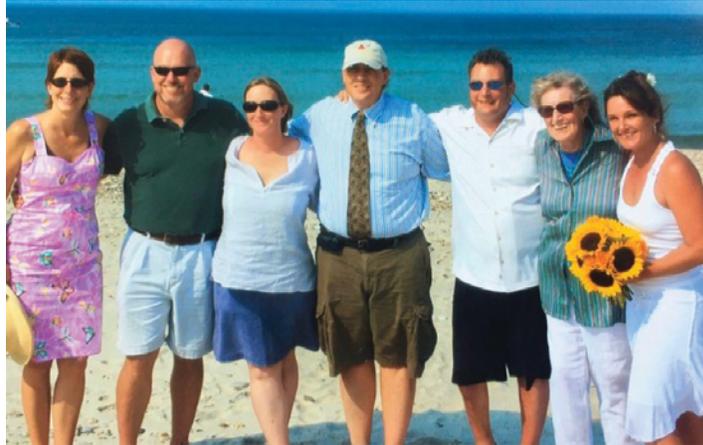


Aisha, her daughter and the family of her daughter's dad are deeply grateful to all of you who helped create our Helping Hands Fund as well as for the additional support from Maristhill and employee gifts to the Circle of Friends Fund.





Ellen Lawton, right and her sister, Maura Logan, reflect on happy memories of their mom while sitting on the bench donated in her memory.



The family of Nancy Breen Lawton

Family Remembers Nancy Breen Lawton With Special Gifts to Maristhill

“My mom was blessed with a long and wonderful life,” remarks Ellen Lawton, whose mother, Nancy Breen Lawton, was a Maristhill resident. “As she neared the end, she was suffering from dementia and had significant care needs that our family could not meet – but Maristhill could and did. Because of the outstanding care she received at Maristhill, our family was able to entirely focus on spending quality time with our mom and not worrying about her care. That meant the world to us. Our final memories of her were anchored at Maristhill. It made sense to us to give back to them.”

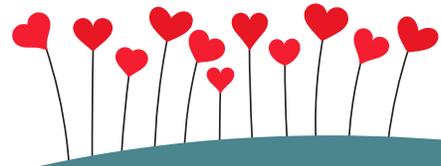
Nancy thoroughly enjoyed walking Maristhill’s grounds and spent many hours outdoors visiting with her family. Her memory will endure at Maristhill through the gift of an outdoor bench that her family made to honor and remember her. The bench is a place where her family can gather and acknowledge her spirit, which they believe is present at Maristhill. The bench is sure to be enjoyed by many people in the years to come.

In addition to gifting the bench, the family made an additional \$1,000 donation to Maristhill’s Helping Hands Employee Emergency Assistance Fund. This fund, established in 2020, supports

staff members with grants to help make ends meet when emergency situations arise. “We feel strongly about supporting Maristhill employees. They are the heart and soul of the community,” says Lawton. “We understand that staff and their families may struggle in these difficult times, and we wanted to help support them.”

“I was deeply grateful Maristhill had the resources and staff to take care of my mom when she needed it, and I want Maristhill to be there for other family members and my community,” adds Lawton. “Communities like Maristhill don’t just happen – they rely on grateful families and community members to help strengthen their workforce and infrastructure. I’m happy to have had the opportunity to support Maristhill and in my mother’s memory.”

If you’d like to learn more about making a gift in memory of your loved one or in honor of a staff member, please contact Susan Oldrid at susan_oldrid@covenanthealth.net or 508.728.1843.



BECAUSE OF YOU!

Residents Enjoy Nature Thanks to You

We know that older adults thrive from the human interaction and meaningful conversations that a stimulating outdoor space can foster. And simply being outside is therapeutic to mind and body, especially for our elders who were isolated during the pandemic.

Thanks to your gifts to the 2021 annual Spring Appeal, our residents have the opportunity to break up their daily routine and find mental and spiritual relief. We purchased new garden benches so residents can sit to enjoy the sights and sounds of nature. “It’s a good thing to have good furniture for good people,” says a grateful resident. “It is a pleasure to sit out there on a nice day.”

These comfortable, sturdy new benches, situated in a tranquil setting, offer safe outdoor visitation and also provide a sanctuary for quiet prayer or reflection. Opportunities for mental and physical exercise will lift our residents’ spirits and promote greater happiness and fulfillment.

Thank you to all who helped us fund this important and impactful gift to our residents!



Catholic Health Foundation Grant Makes Taking Vital Signs Easier

Many Maristhill residents take medications that necessitate regular monitoring of their vital signs. Therefore, each day Maristhill nurses manually test over 100 residents and manually record vital signs, which can be time-consuming and cumbersome.

Thanks to a \$7,931 grant from Catholic Health Foundation, Maristhill staff will now have new vital sign monitors and tablets to digitally capture and record these important health measures. These Bluetooth-enabled devices will replace the practice of manually taking vital signs and will seamlessly connect to our existing electronic medical record-keeping system. This will enhance care and provide more time for nurses to connect with residents.

Maristhill is dedicated to providing the best care for our residents, and we’re grateful to Catholic Health Foundation for their assistance in purchasing these essential and efficient vital sign monitors.



Giving Through Your IRA Can Save You Money!

Many retirees take the standard deduction when filing taxes and thus can't claim a charitable deduction. But a qualified charitable distribution (QCD) from your IRA has a greater benefit: *You often save more by lowering your taxable income rather than claiming a tax deduction.*

example:
71-year-old couple

required minimum distribution
of \$24,000

**Standard deduction
is \$26,550**

NO TAX ADVANTAGE!

**MAKE QCD GIFT OF
\$5,000 AND REDUCE
TAXABLE INCOME
BY \$5,000**



Other Benefits:

- Potentially THOUSANDS in federal and state tax savings.
- Make a gift to Maristhill.
- Could fund a charitable life insurance policy for larger gift in future.

 *Thank you* for all
you've done! We hope that this report will
convey the difference you have made for
our residents and staff this past year.

With a grateful heart,

Susan Oldrid
Executive Director, Philanthropy
susan_oldrid@covenanthealth.net
508.728.1843