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**FOR IMMEDIATE RELEASE**

## **Red Cross Health Training Takes-up Residence at Maristhill Nursing & Rehab Center**

WALTHAM, MA – (April 10, 2008) **Maristhill Nursing & Rehabilitation Center**, a non-profit provider of rehabilitative services, short-term and long-term care located in Waltham Massachusetts, recently announced that **Red Cross Health Care Training** is now being conducted on-site at Maristhill.

The Red Cross program is one of the most highly respected of its kind in the country; it prepares students for careers as direct care providers in a number of health care settings, including long term care facilities and hospitals. The 100-hour, four-week curriculum provides three weeks of classroom training, which includes medical terminology, basic human anatomy and communication skills. Students also learn and practice, within the classroom setting, the proper way to provide personal care such as bathing, feeding, taking vital signs, and how to respond to emergency situations. During the fourth, week students work in an actual health care setting, gaining hands-on experience.



Pictured (l-r) are Irene King, teacher, Carolyn Nakaye, student, and Mary Blake, student.

Maristhill has been a clinical site for the Red Cross program for several years. The patient population of both short-term rehabilitation patients and long-term care residents provides students with interesting and valuable direct-care experience. It was during one of these clinical rotations that Maristhill management became aware of the Red Cross' need for a permanent training location. Maristhill was, coincidentally, undergoing some facility upgrades, and was able to allocate classroom space for the training.

"We're thrilled to be in a position to help the Red Cross with their need for training space," said **Carolyn Fenn**, Maristhill's Administrator. "We have enjoyed the benefits of serving as a Red Cross clinical site for several years, and we're confident their increased presence at Maristhill will make what has always been a successful program an even better one."

Originally founded in 1969 by the Marist Missionary Sisters, Maristhill is a licensed skilled-nursing and rehabilitation center with a highly-recognized performance record for clinical excellence and quality care. People of all faiths and denominations are welcomed at the 123-bed facility, which is a member of **Covenant Health Systems**, a Catholic health care system sponsoring hospitals, nursing homes, assisted living residences and other health and elder services throughout New England. For additional information please contact Ms. Carolyn Fenn, Administrator, at (781) 893-0240 or visit [www.maristhill.org](http://www.maristhill.org). For more information about the Health Care Training program, please visit [www.BostonRedCross.org](http://www.BostonRedCross.org). ###