



Rehabilitation at Maristhill

ENHANCED ON-SITE SERVICES

OCCUPATIONAL THERAPY • PHYSICAL THERAPY • SPEECH THERAPY

Maristhill Nursing & Rehabilitation Center, a non-profit provider of rehabilitative services, short-term and long-term care located in Waltham Massachusetts, recently announced that they have entered into a strategic partnership with **Peoplefirst Rehabilitation**, a recognized leader in staffing and managing rehabilitation departments in hospitals and nursing centers.

Led by Director of Rehabilitation **Meredith Gingrich**, an Occupational Therapist and geriatrics specialist with over ten years of experience, the therapy team at Maristhill offers expertise in all aspects of occupational, physical and speech therapy, and is supported by a broad spectrum of resources and technological infrastructure at *Peoplefirst*, which is considered one of the nation's premier rehab providers.

Local patients can expect expert care as well as accessibility and scheduling flexibility, as the staff now consists of four Occupational Therapists, three Physical Therapists, one Speech Therapist and on-site support personnel. In addition to providing high-level therapeutic care, the rehab associates will also be actively involved in the discharge planning process, and will even make home visits to assess safety levels, identify areas of concern and recommend appropriate adaptations.

Originally founded in 1969 by the Marist Missionary Sisters, Maristhill is a licensed skilled-nursing and rehabilitation center with a highly-recognized performance record for clinical excellence and quality care. People of all faiths and denominations are welcomed at the 123-bed facility, which is a member of **Covenant Health Systems**, a Catholic health care system sponsoring hospitals, nursing homes, assisted living residences and other health and elder services throughout New England.

Meet the Rehab Team!

Meredith Gingrich OTR/L – Rehab Manager

A graduate of the University of Hartford, Meredith has specialized in Geriatrics since 1997. She has served as an Occupational Therapist in Long Term Care for over 10 years, and has been a Rehab Manager for over 5 years.

Elizabeth Lenza OTR/L – Occupational Therapist

Elizabeth graduated from Boston University in 1997 and has worked in Long Term Care for over 10 years as an Occupational Therapist and Rehab Manager.

Rebecca Carley COTA – OT Assistant

A 1998 graduate of Mount Ida College, Rebecca has worked as an Occupational Therapy Assistant with adults and geriatrics for 3 years, previously working with children in the school systems for 5 years.

Warren Green COTA – OT Assistant

A Mount Ida College graduate, Warren has worked as an Occupational Therapy Assistant for 8 years.

Carolyn Stock OTR/L – Occupational Therapist

Carolyn graduated from Worcester State College and has worked in Long Term Care for over 4 years. She has found her passion in the geriatric setting.

Amanda Gaffey SLP – Speech Therapist

Amanda graduated from Emerson College in 2007 with a master's degree in Speech Language Pathology.

Gira Prajapati RPT – Physical Therapist

A graduate of D'Youville College, Gira has worked as a Physical Therapist with children, adults and the geriatric population for 6 years.

Sandra Crowley PTA – Physical Therapy Assistant

Sandra graduated from Massasoit Community College and has 11 years of experience working in geriatrics.

Aditi Velankar RPT – Physical Therapist

Aditi graduated from the University of Indianapolis in 2005; she has 2 years of Geriatric experience and is a new to MA.